

Product Ingredient Listing Report

Manufacturer: Mario's Pastizzi

Product: **Pizza Pastizzi**

Size: 600g

Ingredients List

Flour [**Wheat Flour**, Thiamine, Folic Acid], Water, Vegetable Based **Margarine** [Vegetable Oils and Fats, Water, Salt, Emulsifier (322 (**Soy** Derived), 471), Natural Flavour, Acidity Regulator (330), Natural Colour (160a), Antioxidant (306 (**Soy**)), Bolognaise Sauce [Tomatoes, **Beef**, TVP (**Soy**), Onion, Garlic, Herbs & Spices, Salt, Thickener (1422)], Olives, **Mozzarella** (Pasteurised **Milk**, Salt, Non Animal Rennet, Starter Culture, Anti-caking Agent (Tapioca)), **Beef** [**Beef**, (Salt, Thickener (1442), Dextrose (Tapioca, Maize), Mineral Salts (451, 450, 501, 508, 452), Maltodextrin, Vegetable Gums (407A, 407, 415), **Soy** Protein, Sugar, Flavouring, Food Acid (316), Citrus Fibre, Yeast Extracts, Acidity Regulator (316, 501), Vegetable Oil, Flavour Enhancer (635), Spice Extract, Herb Extract)], **Bacon** [**Pork**, Water, Salt, Mineral Salt (451), Sugar, Antioxidant (316), Preservative (250), Potato Starch, Dextrose (Maize)], Onion, Mushroom

Allergen Listing:

"This product contains the following allergens:

Gluten, Dairy, Soy, Pork, Beef

May contain Traces: Nuts, Egg

Barcode Number:



NUTRITION INFORMATION

Servings per package: 12

Serving size: 50g (approx)

	AVERAGE QUANTITY PER SERVING	% DAILY INTAKE* PER SERVING	AVERAGE QUANTITY PER 100G
Energy	720 kJ (172 Cal)	8%	1440 kJ (344 Cal)
Protein	5.2 g	10%	10.4 g
Fat, Total	8.3 g	12%	16.5 g
- saturated	4.3 g	18%	8.6 g
- trans	LESS THAN 0.1 g		0.1 g
-polyunsaturated	0.8 g		1.5 g
-monounsaturated	3.2 g		6.3 g
Carbohydrate	18.9 g	6%	37.7 g
- sugars	1.3 g	1%	2.5 g
Dietary Fibre, Total	1.0 g	3%	1.9 g
Sodium	405 mg	18%	810 mg

*Percentage Daily Intakes are based on an average adult diet of 8700kJ. Your daily intakes may be higher or lower depending on your energy needs.